

Around the clock healthcare in Wiltshire this summer



- ✓ Advice on how to stay well during the summer
- ✓ Tips on treating a number of minor ailments



NHS Choices

- UK's biggest website: www.nhs.uk
- Wiltshire advice available at: www.yourcareyoursupportwiltshire.org.uk

- ✓ Insect bites that cause a serious allergic reaction
- ✓ Tick bites that cause a circular rash spreading from the bite site
- ✓ New moles appearing or existing moles changing shape, size or colour
- ✓ Conditions that can't be treated with over the counter medication or advice from a Pharmacist

GP



GP out of hours

- Deal with a range of health problems and also run clinics and carry out simple surgical operations
- Most GP surgery services are available 8am - 6.30pm
- The GP out of hours service is available 6.30pm - 8am and all day at weekends and bank holidays. Call your GP surgery to access this service

- Medicine experts who can provide advice on common ailments
- See your pharmacist at the first sign of illness before it gets more serious



Pharmacy

- ✓ Sunburn
- ✓ Hayfever
- ✓ Insect bites
- ✓ Aches and pains
- ✓ Coughs and colds
- ✓ Sore throat
- ✓ Skin rashes

- ✓ Stroke
- ✓ Persistent, severe chest pain
- ✓ Breathing difficulties
- ✓ Severe bleeding
- ✓ Severe burns or scalds
- ✓ Fits that do not stop
- ✓ Choking
- ✓ Heart attack
- ✓ Severe head injury
- ✓ Severe allergic reactions



A&E

- Provides emergency care for people who have a life-threatening illness or injury
- Available 24 hours a day, 365 days a year
- Only use an A&E service in very serious or life-threatening situations

NHS 111



- A free non-emergency phone service
- Available 24 hours a day, 365 days a year
- Trained call handlers to help you

- ✓ Medical help and advice that is not an emergency
- ✓ Advice about which NHS service to use
- ✓ Information and support about what to do next

Walk-in centre



- Treats non life-threatening minor illness and injuries
- Run by experienced clinicians who will see you on a first come, first served basis. You don't need to book an appointment
- The local service is Salisbury Walk-in Health Centre, Avon Approach, SP1 3SL. The centre is open:
Mon - Fri: 6.30pm - 10pm, Sat - Sun and bank holidays: 8am - 8pm

- ✓ Insect bites
- ✓ Sunburn
- ✓ Stomach upsets
- ✓ Infection and rashes
- ✓ Bruises and scratches
- ✓ Emergency contraception

- ✓ Insect bites
- ✓ Sunburn
- ✓ Sprains and strains
- ✓ Infection and rashes
- ✓ Bruises and scratches
- ✓ Broken bones
- × Heat exhaustion
- × Allergic reactions
- × Chest pain
- × Breathing difficulties
- × Stomach pains
- × Pregnancy problems

Minor injuries unit



- Treats non life-threatening minor injuries
- Run by experienced nurses who will see you on a first come, first served basis. You don't need to book an appointment
- The local MIUs are in the community hospitals at:
 - Chippenham, Rowden Hill, SN15 2AJ
 - Trowbridge, Adcroft Street, BA14 8PH

Both services are open 7am - 11pm

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